



Board of Directors Meeting

December 19, 2009

The meeting was called to order at 1:11 P.M.

Present: Susan Johnson, Elizabeth Cowan, Elizabeth Cleveland, Rita Dungy

Absent: Diana Drake, Carol Baker, Steve Weiss

Secretary's Report

- The minutes from the October 24, 2009, meeting were approved.

Treasurer's Report

- The current balance reported is \$5,968.97.
- The yearly tithe for 10% of the association balance (\$678.13) was sent along in November with Kristin Chirhart and Lee Sverkerson to give to Guruji.

Membership Report

- We currently have 83 paid members. (Last meeting minutes reported 84 which was incorrect.)
- The regional teleconference took place on December 8; the main topic was that Guruji has asked that *each region elect one of their members to the national board*. The current board (and that format for a board) will be an advisory board. We will be working towards this by the 2012 elections. Part of the logic for this change is to increase regional involvement, as that is where the membership will grow.

New Business

- Ballots will be mailed with a full slate to all members on December 21, 2009. Members are asked to return each ballot with their vote no later than January 4, 2010.
- RENEW YOUR MEMBERSHIP! IYAMN members are encouraged to join online via IYNAUS, but the option to join through IYAMN with a check will be available for 2010 memberships.

Old Business (bold indicates updated information from previous minutes)

- Archive project: the board still needs to cull through old documents, papers, etc., to determine what should be saved. Once this is accomplished, the board will solicit member volunteers to form an archive committee to coordinate this project (determine what format to save materials, how to get it in that format, and then get in that format). If you are interested, please contact IYAMN.
- **The scholarship idea was further discussed, including reviewing other regions' programs and all possible ways to offer scholarships. A scholarship chair will need to be designated in the coming year to spearhead the program. Details will be worked out in early 2010.**
- The board will move forward with a Gmail account on a trial basis to function as an archive repository for all IYAMN documents as well as records of events and activities. Gmail also offers a dynamic calendar so that board members can synchronize board events, meetings, and activities as well as a chat function for more simplified group communication.
- The board further discussed the possibility of setting up registration for workshops and events via the IYAMN web site. IYNAUS is looking into software that would allow regions to post workshops on the IYNAUS web site and participants would register there for regional events. More information on this is needed from IYNAUS; it is in the planning stages only at this point and won't be available for some time.
- **The board discussed donating Iyengar books to libraries and other public facilities. Donations have been made to libraries in the past (many years ago). The board has checked with Hennepin and will check**



with Ramsey County to see what books are currently in the system and what books are needed. Once the number and titles needed are determined, the board will order from IYNAUS and deliver the copies.

- Guruji has granted permission to record the class offered via audio at the 90th birthday celebration in 2008. The board will make copies available for purchase; price and availability to be announced. Royalties from the sales will be sent to Guruji.

Education and Special Events Committee

- Yoga Day in December was a wonderful event with 13 members and one guest. The board thanks Liz McMann for delicious cake and Elizabeth Cleveland for hosting at her home, and all of the attendees for making it a success. It was a lovely day in honor of Guruji's 91st birthday!
- Mark your calendars for these guest teachers in 2010 and beyond: Laurie Blakeny workshop from April 9–11, 2010; Mary Obendorfer and Eddie Marks from Sept 17–19, 2010; Dean Lerner returns spring 2011. Dates for Dean Lerner plus venue and schedule details for all workshops to come (as it becomes available).
- The study group for 2010 will consist of talks by Geetaji discussing the Bhagavad Gita, recorded at the Monthly Meet held in Pune at the RIMYI. A short discussion period to follow. Related sutras discussed in each talk will be emailed out to participants just prior to that week's meeting. The meetings take place at Embodied Health (2500 University Avenue West, #F5, Saint Paul) on the following Sundays in 2010: February 7, March 14, May 23, June 27, August 15, October 10, November 21.
- The next Iyengar Yoga national convention will be held in Portland, OR, on May 11–16. This convention is limited to certified teachers only. More information can be found at www.iyengarteachersconvention.com.
- All Iyengar Yoga events conducted by certified teachers who are current with their certification listings are eligible for inclusion in the Minnesota Association **Calendar of Events** on the IYAMN website. Please send your listing by email to iyamn@iynaus.org.

Next Board Meeting

Next Board meeting will be January 9, 2010, 1:00 p.m.; location to be determined.

Meeting adjourned at 2:43 P.M.

Respectfully submitted by Elizabeth Cleveland.