



Board of Directors Meeting

January 10, 2010

The meeting was called to order at 10:06 A.M.

Present: Susan Johnson, Elizabeth Cowan, Elizabeth Cleveland, Rita Dungey, Mary Kovar, Steve Weiss, Steve Hornbacher

Absent: Carole Baker

Secretary's Report

- The minutes from the December 19, 2009 meeting were approved.

Treasurer's Report

- The current balance reported is \$6,352.33.

Membership Report

- It's too early to report on 2010 memberships, as we have not gotten any numbers from IYNAUS yet. The online-updating process with IYNAUS should be working very soon. Our final membership numbers for 2009 were 83.
- RENEW YOUR MEMBERSHIP! IYAMN members are encouraged to join online via IYNAUS (www.iyenaus.org), but the option to join through IYAMN is available. Go to www.iyamn.org to download a form and mail it in with a check or look for registration form soon at your local studio.

New Business

- Two board members departed and two new members joined. The board heartily thanks Rita Dungey and Diana Drake for their service!
- Officers and committees were determined as follows:
President: Steve Hornbacher
Vice President: Susan Johnson
Treasurer: Mary Kovar
Secretary: Elizabeth Cleveland
Membership and Outreach Chair: Elizabeth Cowan
Education and Special Events Chair: Steve Weiss
Education and Special Events Committee member: Carole Baker
- Job descriptions and voting procedures were discussed in regard to what is defined in the bylaws. Job descriptions will be further defined and bylaws updated accordingly. Bylaws will be posted on the IYAMN website (www.iyamn.org) for all members to have access.
- Some questions arose about our liability insurance, whether it gives us proper coverage and if our premium rate is fair. The board will investigate both questions.
- One goal set for 2010 is that the board will create a balance sheet to track in detail the financial health of the association.

Old Business (**bold** indicates updated information from previous minutes)

- Archive project: the board still needs to cull through old documents, papers, etc., to determine what should be saved. Once this is accomplished, the board will solicit member volunteers to form an archive committee to coordinate this project (determine what format to save materials, how to get it in that format, and then get in that format). If you are interested, please contact IYAMN.



- The scholarship idea was further discussed, including reviewing other regions' programs and all possible ways to offer scholarships. A scholarship chair will need to be designated in the coming year to spearhead the program. Details will be worked out in early 2010.
- The board will move forward with a Gmail account on a trial basis to function as an archive repository for all IYAMN documents as well as records of events and activities. Gmail also offers a dynamic calendar so that board members can synchronize board events, meetings, and activities as well as a chat function for more simplified group communication.
- The board further discussed the possibility of setting up registration for workshops and events via the IYAMN web site. IYNAUS is looking into software that would allow regions to post workshops on the IYNAUS web site and participants would register there for regional events. More information on this is needed from IYNAUS; it is in the planning stages only at this point and won't be available for some time.
- **The board gathered the current information regarding which Iyengar books are circulating in the Hennepin, Ramsey, and St. Paul Public libraries. The board will discuss and determine, based on this info, which books need to be purchased and donated to the systems.**
- Guruji has granted permission to record the class offered via audio at the 90th birthday celebration in 2008. The board will make copies available for purchase; price and availability to be announced. Royalties from the sales will be sent to Guruji.

Education and Special Events Committee

- Yoga Days for 2010 will be on Sunday, July 25, and Sunday, December 12.
- The next association-sponsored workshop with Laurie Blakeney will be held from April 9–11. Details, including schedule and location, to be announced in early February—a flyer will be emailed to all members and also distributed to centers and studios.
- Mark your calendars for these guest teachers in Fall 2010 and beyond: Mary Obendorfer and Eddie Marks from Sept 17–19, 2010; Dean Lerner returns spring 2011.
- Look for the 2010 study group flyer at your next class or via email. The meetings offering talks by Geeta Iyengar recorded at RIMYI will take place at Embodied Health (2500 University Avenue West, #F5, Saint Paul) on the following Sundays in 2010: February 7, March 14, May 23, June 27, August 15, October 10, November 21.
- The next Iyengar Yoga national convention will be held in Portland, OR, on May 11–16. This convention is limited to certified teachers only. More information can be found at www.iyengarteachersconvention.com.
- All Iyengar Yoga events conducted by certified teachers who are current with their certification listings are eligible for inclusion in the Minnesota Association **Calendar of Events** on the IYAMN website. Please send your listing by email to iyamn@iynaus.org.

Next Board Meeting

Next Board meeting will be March 20, 2010, 1:00 P.M. at Dunn Bros on Lake Street.

Meeting adjourned at 12:10 P.M.

Respectfully submitted by Elizabeth Cleveland.