



Board Of Directors Meeting

January 11, 2009

The meeting was called to order at 1:15 P.M.

Present: Susan Johnson, Liz McMann, Elizabeth Cleveland, Rita Dungey, Elizabeth Cowan, Steve Weiss

Absent: Diana Drake, Carole Baker

Secretary's Report

- The minutes from the December 6, 2008, meeting were approved.

Treasurers Report

- The current balance reported is \$6,691.98.
- The title for \$1,000 that was paid in December was overpaid by \$300 based on the balance of the association at the time, but the board voted to let this stand as is.
- The treasurer will look into getting a credit / debit card for members to make purchases for the association and avoid paying with personal funds and then getting reimbursed.
- The associations' nonprofit status has been renewed for 2009.

Membership Committee

- We currently have 19 paid members and 30 complementary members (other associations and visiting teachers).
- The membership dues for 2009 will be \$55. All memberships expired Dec. 31, 2008 (except those renewed at the birthday celebration in November). The 2009 renewal and joining forms are available on the IYAMN web site.
- A list of names of members still expecting Yoga Rahasya has been sent to India; the publication should be on the way to members, if not already ready received.
- PLEASE RENEW YOUR MEMBERSHIP! Certified teachers are required to renew through IYNAUS at www.iynaus.org; this also the preferred method for all members, but you can also renew at www.iyamn.org by downloading the form and mailing it in with payment (non-certified teachers only).

New Business

- Forty-seven ballots were returned approving the new board slate (this is a 50% return rate). Welcome new board members Carole Baker, Steve Weiss, and Elizabeth Cowan!
- The new board roles were assigned and agreed upon. Board meetings will be scheduled quarterly. Board roles are as follows:
President: Susan Johnson
Vice President: Diana Drake
Secretary: Elizabeth Cleveland
Treasurer: Rita Dungey
Membership Chair: Elizabeth Cowan
Events Chair: Steve Weiss
- A reminder about this event: "A celebration of the life of Mary Dunn will be held by the Iyengar Yoga Association of Greater New York at the Iyengar Yoga Institute, 150 W. 22nd Street, 11th floor, New York, NY, on February 14 and 15, 2009." There will be follow-up emails as the dates for the events near, so people are asked to send an email to www.iyengarnyc.org if they want to receive direct emails.
- The board discussed purchasing small hard drives (jump drives) for board members to save board documents and activity history in order to ease the transition from outgoing to incoming board members (e.g. transferring yoga day flyers, membership registration forms, etc.). A decision was not made but should be discussed at the next meeting, with new and retiring board members present—this was tabled until the next meeting in March.
- There was discussion about D&O insurance; the board will check into whether it is necessary for IYAMN board members to carry it (or if we have it already).



- Now that the big birthday celebration has come and gone, the archive project was resurrected and discussed. The board will form an archive committee and formalize a format the project could take at the next meeting.
- IYNAUS requested each region submit two nominees for the IYNAUS national board of directors. The board discussed potential nominees and has approached four members to see if they would be interested. Deadline for the nominations is March 1, 2009. If you are interested in serving on the national board, please contact us at iyamn@iynaus.org.

Education and Special Events Committee

- The board was approached regarding the next regional conference, which is to take place in 2011. If we are interested in hosting the event, a proposal is due by March 1, 2009. The board discussed and voted to decline submitting a proposal.
- A few attendees of the birthday celebration in December inquired whether the recording of the class taught by Guruji is available. The board is investigating this possibility and will advise as more information becomes available.
- The next event planned is the Dean Lerner workshop from April 17 to 19, 2009. The workshop will be held at the Minneapolis Yoga Workshop in Minneapolis. More details will be available soon, including a registration form and class schedule.
- Discussion is still in motion regarding a possible fall 2009 workshop.
- The board set dates for the two yoga days in 2009, so mark your calendars: Sunday, July 12, to commemorate Guru Purnima, and Sunday, December 13, to celebrate BKS Iyengar's birthday.
- There has been discussion after various workshops and events about proper etiquette by all participants. In an effort to address this, a short piece has been written by two certified Iyengar teachers and IYAMN board members. The piece is a wonderful reminder of what it means to be a student of yoga. Please check it out at www.iyamn.org.
- Because of the overwhelming interest and attendance of the yoga sutra study sessions, the board is investigating the possibility of continuing these. Most likely they will be on a less regular basis but would essentially remain the same. Lee Sverkerson will be approached to again lead the sessions. More information to come on this.
- All Iyengar Yoga events conducted by certified teachers who are current with their certification listings are eligible for inclusion in the Minnesota Association **Calendar of Events** on the IYAMN website. Please send your listing by email to iyamn@iynaus.org.

Next Board Meeting

Next Board meeting will be Sunday, March 8, 2009. Location to be determined.

Meeting adjourned at 3:30 P.M.

Respectfully submitted by Elizabeth Cleveland.